



LEE U SPA

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BY HEALING EARTH

*SEASONAL HOLISTIC MENU*





BY HEALING EARTH

Embark on a transformative journey of self-discovery and renewal. Let the gentle rustling of vines and the soothing scent of herbs guide you to a place of profound peace. In this haven, carefully curated holistic treatments await, each designed to nurture your body, mind, and spirit. Our sanctuary is more than a spa - it's a retreat where the wisdom of nature meets the expertise of our dedicated practitioner.

Every detail of your experience has been thoughtfully crafted to create a cocoon of blissful tranquility. From soothing therapies infused with local botanicals to energy-aligning practices, each treatment is a step on your path to wholeness. Allow yourself to let go. To breathe deeply. To heal profoundly. Our experienced healers are here to guide you on your unique journey towards balance and well-being. Welcome to Leeu Spa by Healing Earth - where holistic harmony and natural luxury intertwine, offering you a space to relax, rejuvenate, and emerge renewed.

*Your journey of healing, restoration, and revival begins now.*

## MEET ANNA

### *Holistic Practitioner, Reiki Master and Master Teacher*

Anna's journey as a healer began on her childhood farm, where she discovered her innate ability to perceive and work with energy. Hailing from a lineage of intuitives, healers, and channelers, Anna has always felt a deep calling to help others. From a young age, she could communicate with animals, plants, and even angels, sensing fields of disharmony in people, buildings, and the land around her. As she grew, Anna's extraordinary gifts expanded. She became a Reiki Master and Master Teacher, developing expertise in crystal healing and Akashic record readings.

Her unique abilities also include insights into past lives, allowing her to offer a truly comprehensive approach to healing and personal growth. Anna's soul mission is to facilitate healing on all levels. Through her holistic treatments, she helps clients heal physical, emotional, and spiritual imbalances, guiding them to understand their life path and purpose more clearly. Her passion lies in helping clients recognize that there is more to life than what meets the eye, assisting them in overcoming limitations and blocks while expanding their consciousness.

In her sessions, Anna combines various modalities including Reiki, crystal healing, and Akashic readings. This multifaceted approach allows her to offer truly transformative experiences, helping clients align with their highest potential and discover the extraordinary in the everyday.







## REIKI

*Channel positive energy and remove blockages*

30 minutes | R550

60 minutes | R1 150

Reiki is an ancient Japanese healing modality that channels energy into your body, removing blockages and promoting balance. It offers benefits such as improved focus, vitality, immune support, and better sleep.

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## CRYSTAL THERAPY

*Harness the power of crystals for balance and healing*

60 minutes | R1 150

90 minutes | R1 550

Crystals emit high frequencies that help balance your body's energy, promoting healing on physical, emotional, mental, and spiritual levels. Each session is uniquely tailored to your specific needs.

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## CHAKRA BALANCING

*Align your energy centres for optimal well-being*

60 minutes | R1 150

90 minutes | R1 550

This therapy balances and activates your chakras - energy vortexes in the body linked to various physical, emotional, mental, and spiritual functions. Restore balance and health by unblocking your chakras.



## HOLISTIC FUSION THERAPY

*A personalised blend of healing modalities*

60 minutes | R1 150

90 minutes | R1 550

Experience a customized treatment combining various holistic approaches to address your unique needs and promote overall wellness.

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## AKASHIC RECORD READING

*Gain insights from your soul's journey*

30 minutes | R1 150

60 minutes | R1 950

Connect to your Akashic record - a dimension containing all events and life records since the creation of your soul. Gain clarity about your life path, lessons, and receive messages from your spirit team and guides.

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## GUIDED MEDITATION

*Find peace, clarity, and expanded awareness*

30 minutes | R595

45 minutes | R1 050

Meditation can bring great peace, clarity, and awareness, Choose from a variety of meditation experiences, including:

- Anxiety/stress relief
- Grounding and centering
- Chakra activation and balance
- Expanded awareness
- Meeting your guides on the other side



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