



## WELLNESS



LINTHWAITE HOUSE

LAKE DISTRICT · UNITED KINGDOM

LEE U COLLECTION

In the heart of the scenic Lake District, Linthwaite House is your gateway to unparalleled relaxation. “While we take pride in offering the serene backdrop of our hotel for your stay, we also understand the importance of a truly personalized relaxation experience. This is why we recommend exceptional, independent therapists for our on property and in-room massage services. These skilled practitioners are not Linthwaite House employees, however, they come highly recommended for their expertise in providing bespoke, soothing and wholistic experiences. Perfect for those moments when you wish to unwind in privacy and luxury.

### Penny Irvine Massage Therapist

I feel that as a Massage Therapist it is important to ensure each client has a treatment tailored to their needs and so conduct a consultation with each new client. This ensures you are getting the treatment you need whether it be for a sports injury, a physical condition, back, neck or shoulder pain or just for relaxation and wellbeing. Takes great pride in the quality of her work, using quality products ensuring maximum benefits for you and your treatment.

+44 79272 95275



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### Ionela Turiceanu Therapist

Offers unique Therapeutic Massages that go beyond traditional techniques, incorporating energy treatment to address your well-being holistically. By transferring healing energy through hands during each massage, the aim is not only to alleviate physical discomfort but also to restore emotional and energetic balance. Her approach is deeply personal; prioritizing a meaningful connection and ensuring the sessions are not just about physical relief but also about listening and responding to your individual needs.

+44 75925 33834



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Terms & Conditions apply

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